2013-2014 Second Steps Lesson Schedule

Subject	Week	Kinder	First	Second	Third	Fourth	Fifth	Complete √
Cool Tools/Class room Expectations	*All Month*	Cool Tools	Cool Tools	Cool Tools	Cool Tools	Cool Tools	Cool Tools	
	Oct. 14-23	Getting ready for conferences	Getting ready for conferences	Getting ready for conferences	Getting ready for conferences	Getting ready for conferences	Getting ready for conferences	
	Oct. 28-Nov.1	Listening to learn/Learn-ing to Listen	Listening to learn	Being Respectful	Being Respectful Learners	Listening with Attention/ Lesson #2	Empathy and Respect	
	Nov.4-Nov.8	Following Directions	Focusing Attention	Focusing Attention and Listening	Being Assertive	Kristan	Being Assertive	
	Nov.11-Nov.15	Self-Talk for Staying on Task	Following Directions	Using Self - Talk	Planning to Learn	Kristan	Predicting Feelings	
	Nov.18-Nov.22	Being Assertive	Self Talk for Learning	Being Assertive	Using Self Talk	Kristan	Taking Other's Perspectives	
	Nov.25-Nov.27	Feelings	Being Assertive	Identifying Other's Feelings	Identifying Other's Feelings	Kristan	Accepting Differences	
	Dec. 2-Dec.6	Feelings	Identifying Feelings	More Feelings	Understanding Perspectives	Kristan	Respectfully Disagreeing	
	Dec.9-Dec.13	Identifying Anger	Clues	Confidence	Conflicting Feelings	Kristan	Responding with Compassion	
	Dec.16-Dec.20	Same or Different	Similarities and Differences	Similarities and Differences	Accepting Differences	Empathy and Respect	Emotional Management	
Cool	*January*	Cool Tools	Cool Tools	Cool Tools	Cool Tools	Cool Tools	Cool Tools	

Tools/	*6-10*							
	January 13-.17	Accidents	Similarities and Differences	Review Listening to Learn	Conflicting Feelings	Listening with Attention	Managing Anxiety	
	Jan.20-Jan-24	Caring and Helping	Feelings Change	Review School Routines	Accepting Differences	Being Assertive	Managing Frustration	
	Jan.27-Jan.31	Feelings/ Body Awareness	Accidents	Showing Compassion	Showing Compassion	Similarities and Differences	Calming Down	
	Feb. 3-7	Review Learning to Listen	Showing Care and Concern	Being Grateful (Intern)	Making Friends	Understand-ing Complex Feelings	Resisting Revenge	
	Feb. 10-14	Kristan	Identifying Our Own Feelings	Introducing Emotion Management	Introducing Emotion Management	Understand-ing Different Perspectives	Solving Problems, Part 1	
	Feb. 18-21	Managing Frustration	Strong Feelings	Managing Embarrassme nt	Managing Test Anxiety	Conversation and Compliments	Solving Problems, Part 2	
	Feb. 24-28	Calming Down Strong Feelings	Calming Down Anger	Handling Making Mistakes	Handling Accusations	Joining In	Making a Plan	
	March 3-7	Handling Waiting	Self-Talk for Calming Down	Managing Anxious Feelings	Managing Disappoint-ment	Showing Compassion	Seeking Help	
	March 17-21	Managing Anger	Managing Worry	Managing Anger	Managing Anger	Emotion Management	Dealing with Gossip	
Cool Tools/ School Wide Routines	*March 31-April 4*	Review school wide routines/ cool tools	Review school wide routines/ cool tools	Review school wide routines/ cool tools	Review school wide routines/ cool tools	Review school wide routines/ cool tools	Review school wide routines/ cool tools	

	April 7- 11	Managing Disappoint-ment	Kristan	Finishing Tasks	Managing Hurt Feelings	Managing Strong Feelings	Dealing with Peer Pressure	
	April 14-18	Handling Being Knocked Down	Kristan	Solving Problems, Part 1	Kristan	Calming Down Anger	Avoiding Assumptions	
	April 21-25	Solving Problems	Solving Problems, Part 1	Solving Problems, Part 2	Solving Problems, Part 1	Managing Anxiety	Qualities of Friendship (intern)	
	April 28-May 2	Inviting to Play	Solving Problems, Part 2	Taking Responsibility	Solving Problems, Part 2	Avoiding Jumping to Conclusions	Kristan	
	May 5-9	Fair Ways to Play	Fair Ways to Play	Biblio-chioce (Interns)	Solving Classroom Problems	Handling Put Downs	Transition Talk	
	May 12-16	Having Fun with Our Friends	Inviting to Join In	Responding to Playground Exclusion	Solving Peer-Exclusion Problems	Solving Problems #1	Transition	
	May 19-23	Handling Having Things Taken Away	Handling Name-Calling	Playing Fairly on the Playground	Dealing with Negative Peer Pressure	Solving Problems #2	Dealing With Change	
	May 27-30	Handling Name-Calling	Reviewing Second Step Skills	Reviewing Second Step Skills	Reviewing Second Step Skills	Taking responsibil-ity for your actions	Transition	
Cool Tools /Best Behavior	*June 2-6*							