

## TPAT Team Planning Guide

September 27, 2012

TPAT Youth name: [REDACTED]

Teacher leader: Kesia Micheletti

Team members present:

Recap summer activities (10 minutes)

List all of the activities that occurred this summer with your TPAT youth below:

[Link to activity log](#)

Share/review transition-related IEP goals and services (10 minutes)

Teacher leaders will summarize the youth's current IEP

goals - emotionally coping skills - where is okay when to cry and not/ travel training, computer skills goal, career exploration / time management/ hygiene goal/ social communication with peers practice beyond intro/- current IEP will come

Strategies for supporting the youth (15 minutes)

Teacher leaders will share strategies that foster independence, self reliance and specifically address support needs

1. Opportunities for self advocate - like on job shadow experience practice at Zupan -
2. always talk directly to [REDACTED] - ask [REDACTED] to communicate with Mom- might take longer -
3. Give her clear deadlines- she
4. Must communicate by home phone and answering machine
5. She is at LEAP from 9-2:30 so will catch her in the evening
6. Tears - when you are working with [REDACTED], okay to have "a moment" but model when is and is not appropriate in public
7. When she gets sad- "You know what I have learned about the future, is that if you do not live in the now you will never get to the future" - mini counselling- acknowledges but moves on. " I think there is nothing more we can solve right now"
8. Build time management into every time
9. building in components of self advocacy

Envision how the person-centered planning process will evolve this year that meets the needs of the TPAT youth (10 minutes)

- each TPAT member taking a sector of her life
- for example - find a mental health case manager who will support her
- find interest in employment - narrow it down to figure out what HER goal is
  - divide recreat/social versus employment - what refills her

- outside leg work- behind the scenes planning
- find a support system
- expanding her social scene

Identify allies to enlist to help youth reach their goals (10 minutes)

List names and affiliation of people to invite to the next planning meeting with youth


- hygiene - motivation Mom, Aunt, a boy?
- NAMI- mental health
- Multnomah Mental Health Services
- re-refer to Developmental Disabilities Services
- Club Impact (social rec)
- Off the couch (social rec)
- supported employment - at the Grange - townhall (later after soft skills )
- Goodwill employment office - interview skills, (later after soft skills )
- VR - vocational rehabilitation (post June)
- routine - practice at Zupan
- find community - craig's list dog walking- dog visiting nursing home
- PAWS (video)
- Mental Health Association of Portland
- Stephanie Hunter from OTEC

Plan first meeting and assign tasks/roles (25-30 minutes)

Discuss and make decisions about how and when planning will occur in the next month

recap what we have done- goals/ transition  
 map the domains(rec/soc - job/ daily living) with allies and tasks  
 1 task for each domain

Next steps:

What?	Who?	By when?
Kesia will find common ground - identify and IEP	Kesia talk to	october 12th will
research PAWS		have a date
mental health suggestions- Brokerage	Hannah	october 7th
		October 12

Multnomah County Mental Health NAMI- access supports	Mark Mike Katy	
Mental Health Association of Oregon [REDACTED] new counselling faculty-	Katy Kesia Barb	
Identify how to pictorially represent next meeting	Hannah and Mike	

List questions or supports your team needs from project faculty

Lori Powers- RRTc - Ann Fullerton - contact for ideas
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